



ACCESS
Mental Health CT



Connecting Pediatric Primary Care With Psychiatry

Need

8,300 practicing CAPs
across the country...

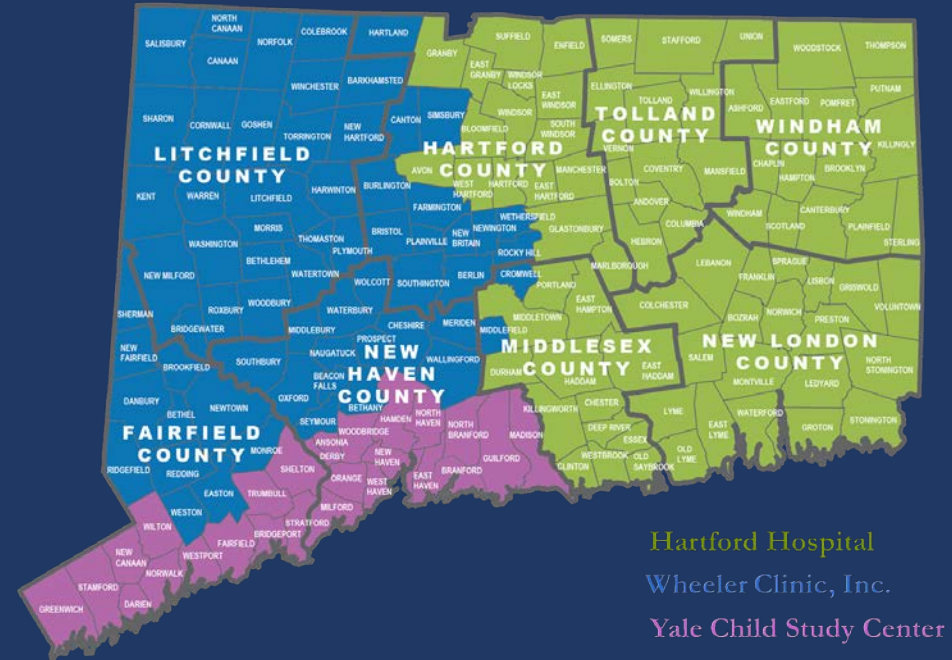


- Half of all chronic cases of mental illness begin by age 14 (Kessler et al., 2005)
- One-third of children nationwide are being treated solely by their PCP (Anderson et al., 2015)
- Shortage of child and adolescent psychiatrists

Program Model

Program Model:

- Immediate phone consultation and case-based education
- Care coordination and Family Peer Specialist support
- Face to face diagnostic assessment
- Office based or regionally based trainings



Each Hub Team consists of:

- 1 FTE Board Certified Child and Adolescent Psychiatrist
- 1 FTE Licensed Behavioral Health Clinician
- 1 FTE Program Coordinator
- 0.5 FTE Family Peer Specialist

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Vision and Value

Improved access to quality behavioral health treatment

PCP provides quality
behavioral health
treatment

Improved triage and
rational utilization of
child psychiatry

Youth are connected
to the right treatment
at the right time for
the right reason

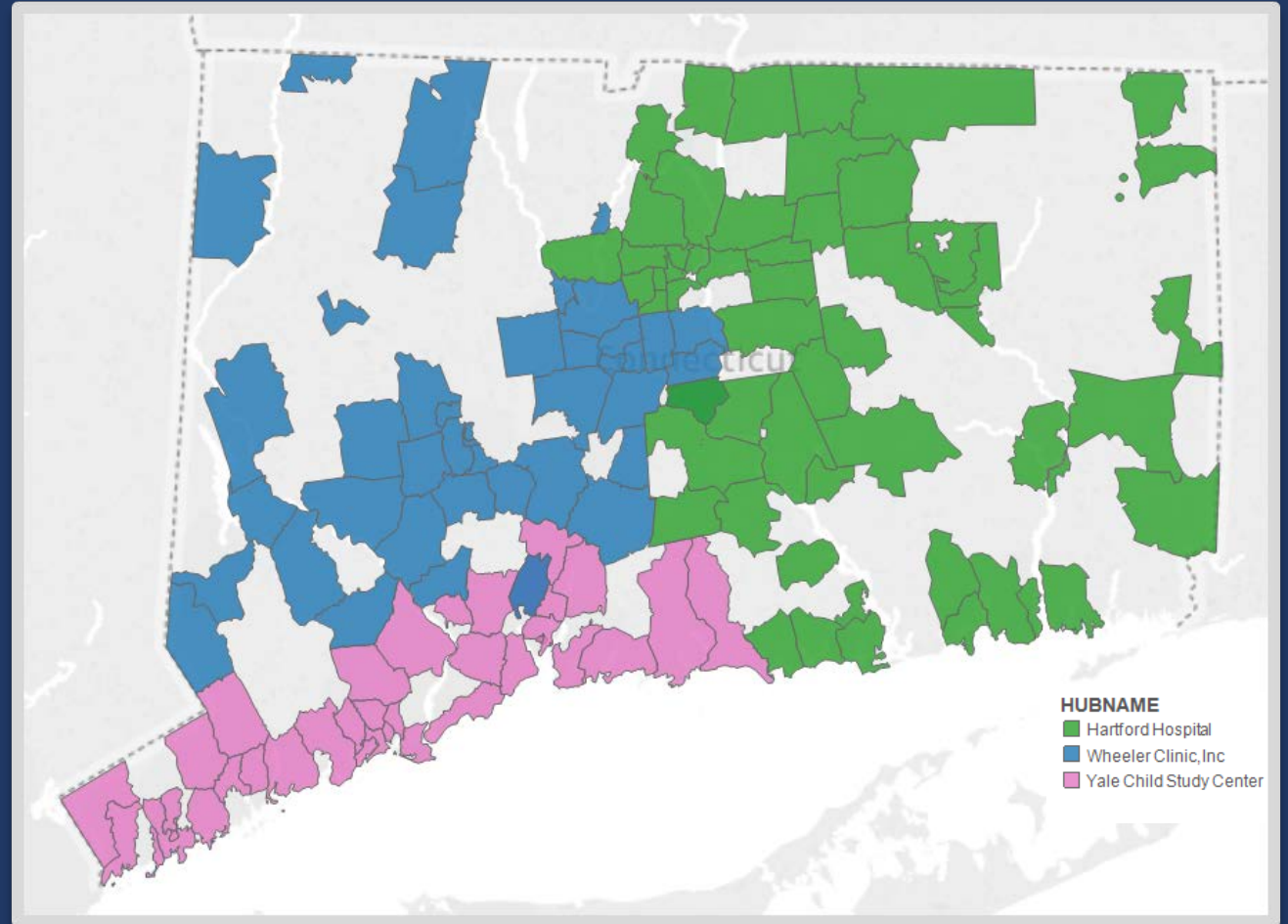
Data

Reporting Period
June 1, 2014 – June 30, 2016

Enrollment

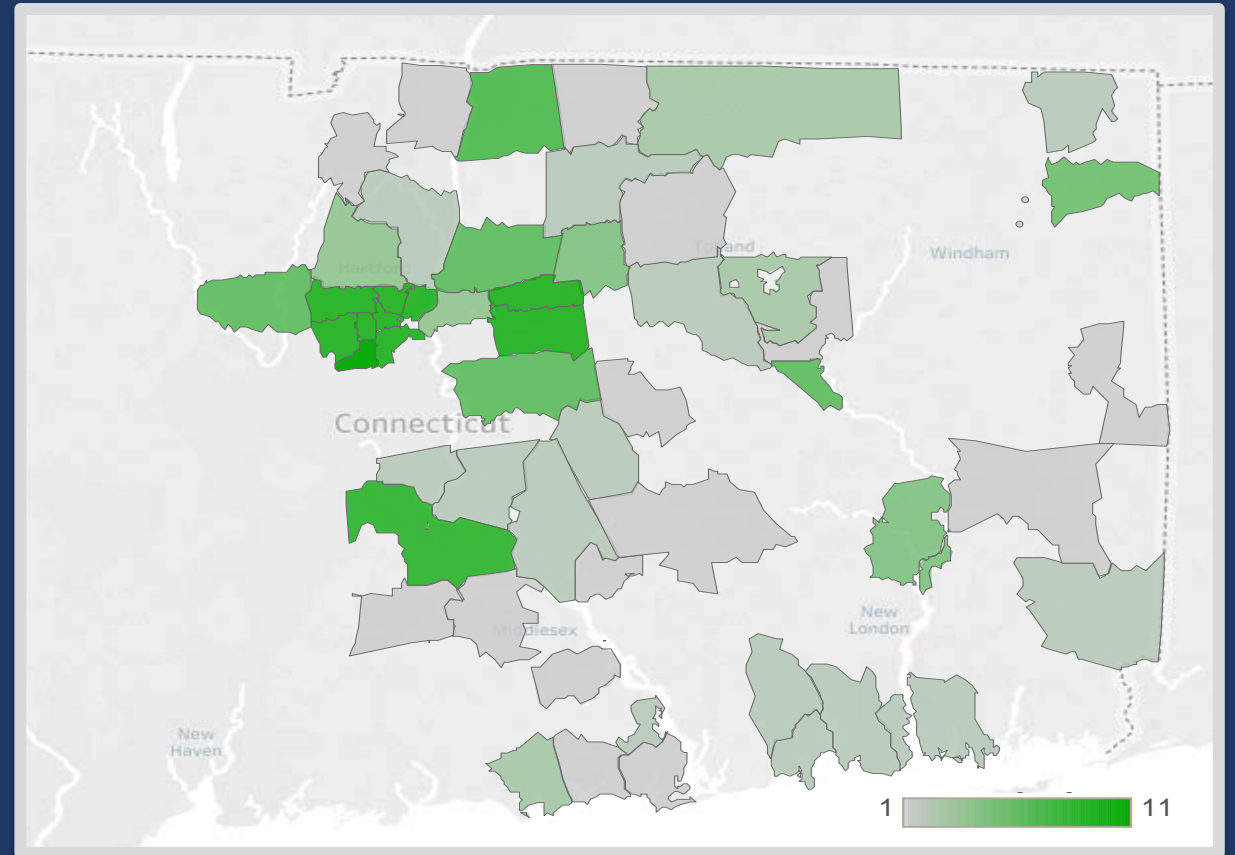
83% Primary Care Practices

1,504 Prescribing Physicians



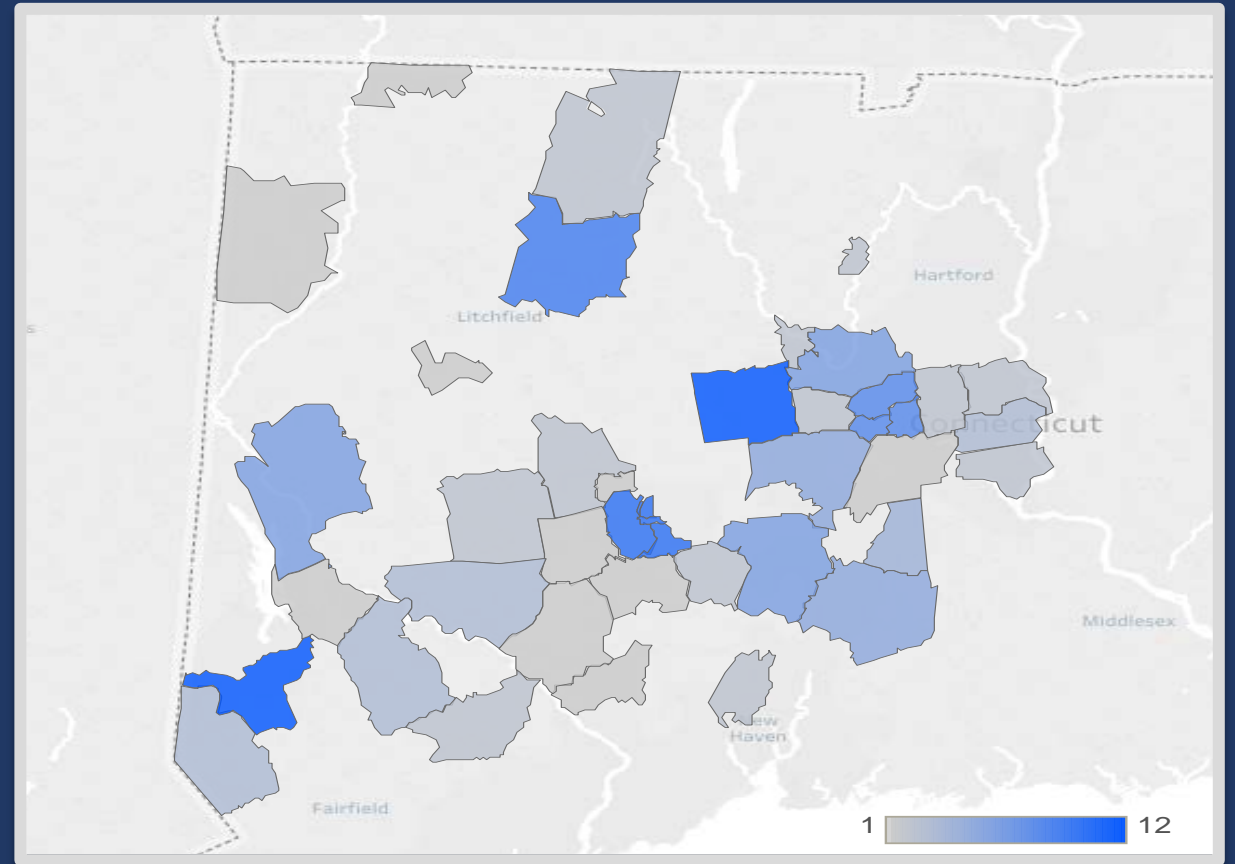
Enrollment... Hartford Hub

158 Primary Care Practice Sites



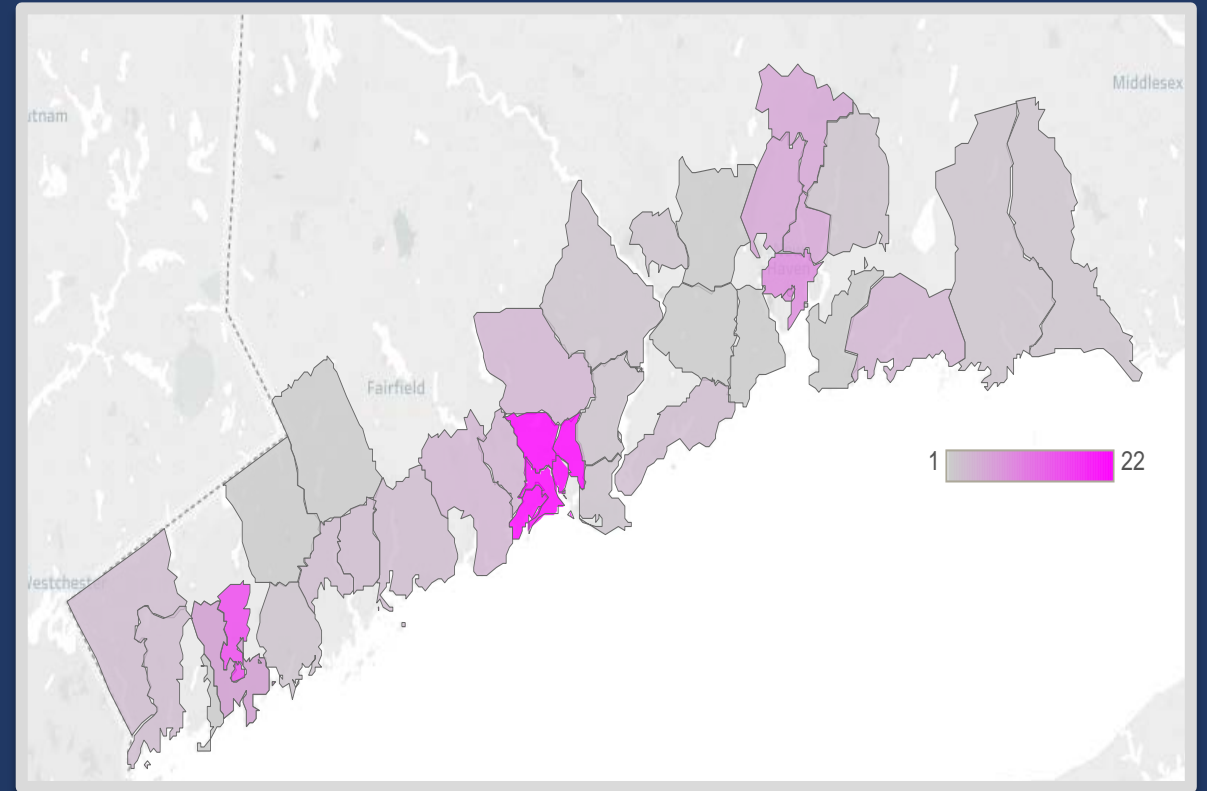
Enrollment... Wheeler Hub

126 Primary Care Practice Sites



Enrollment... Yale Hub

98 Primary Care Practice Sites



Two Years of Programming...



69% Enrolled Practices Used



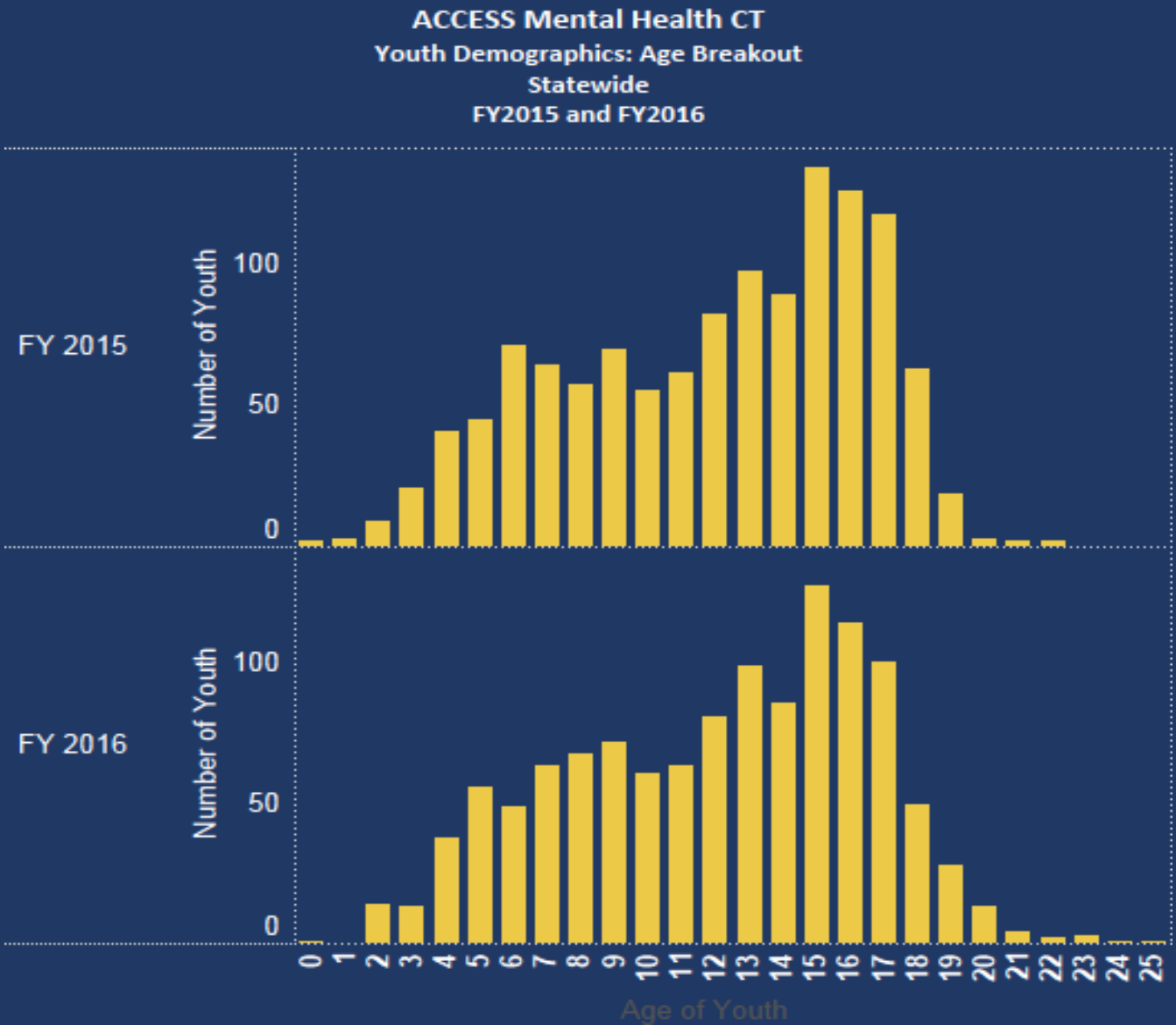
11,081 Consults Provided



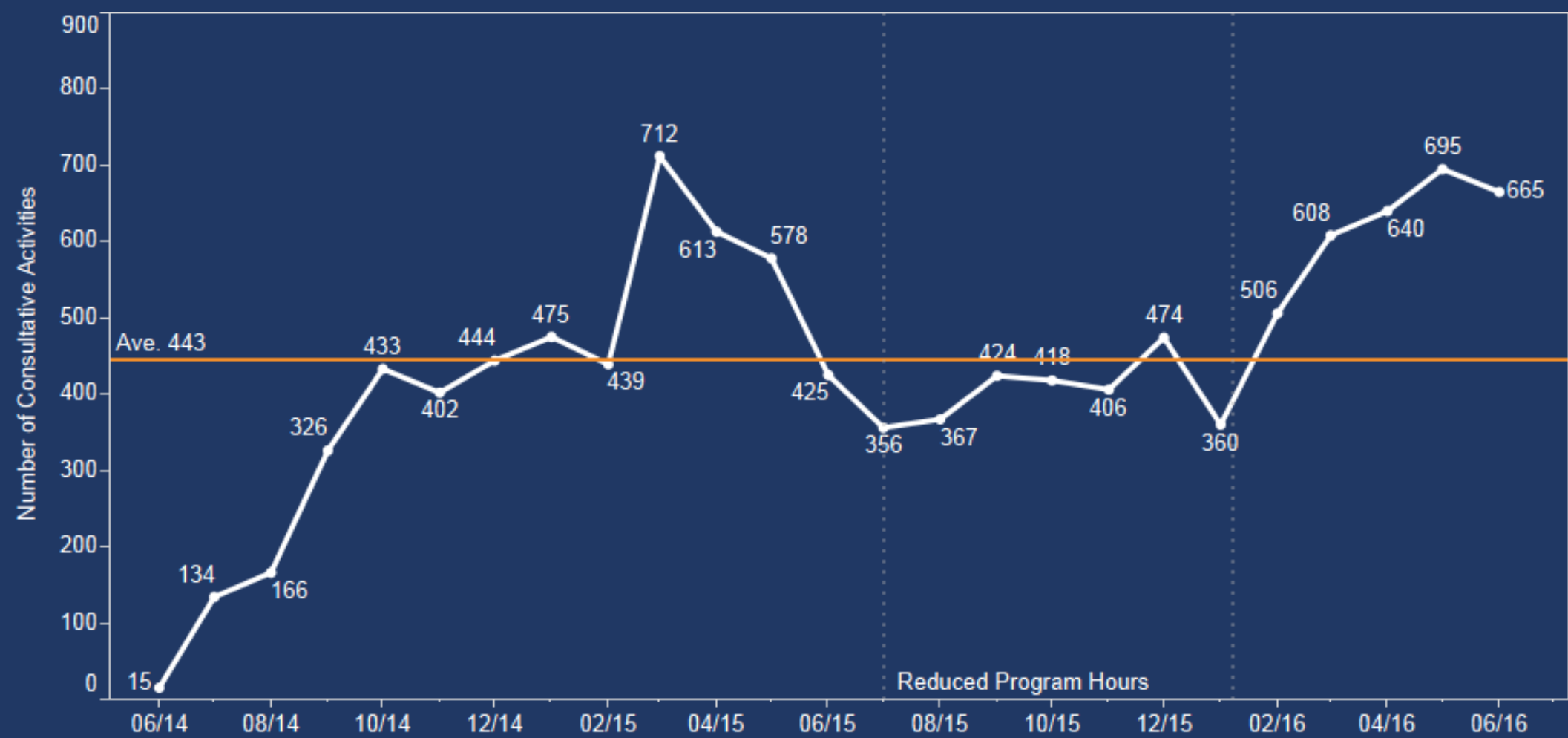
2,331 Unique Youth Served

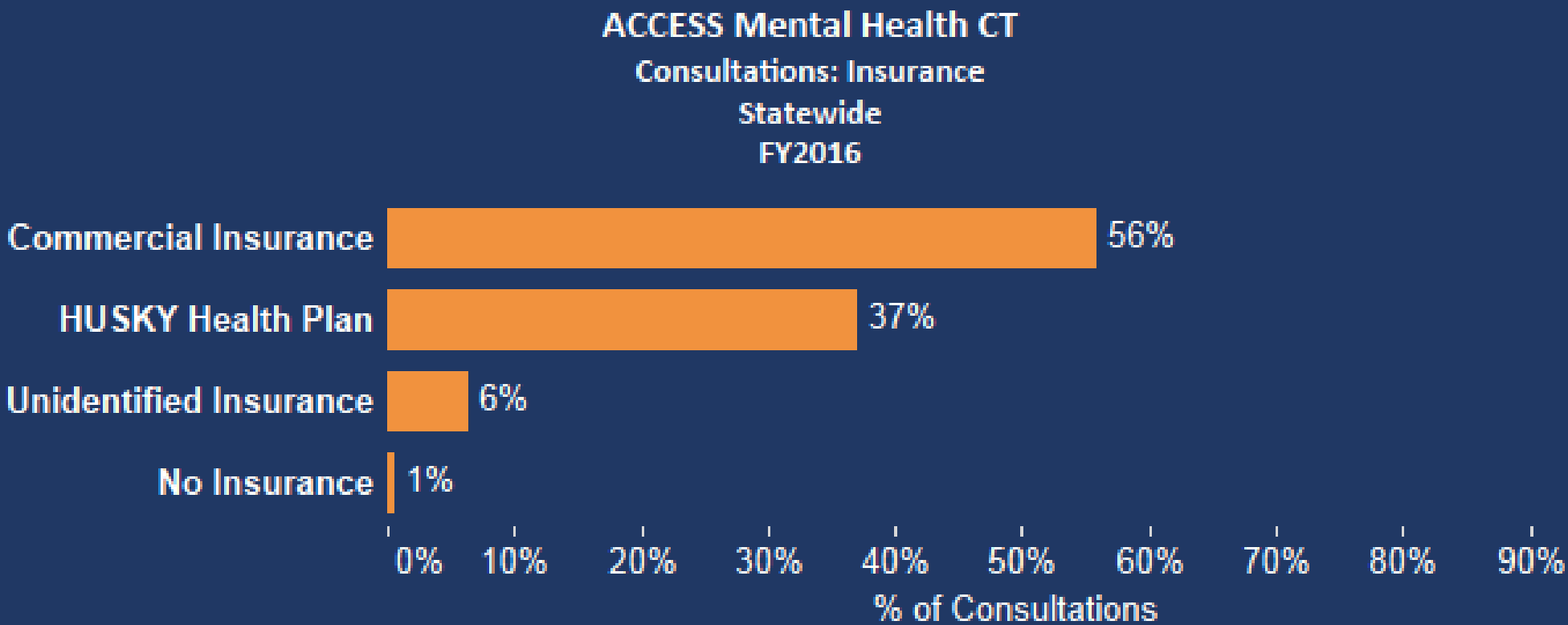
Number of Youth Served

2,331 Unique Youth



Consultations

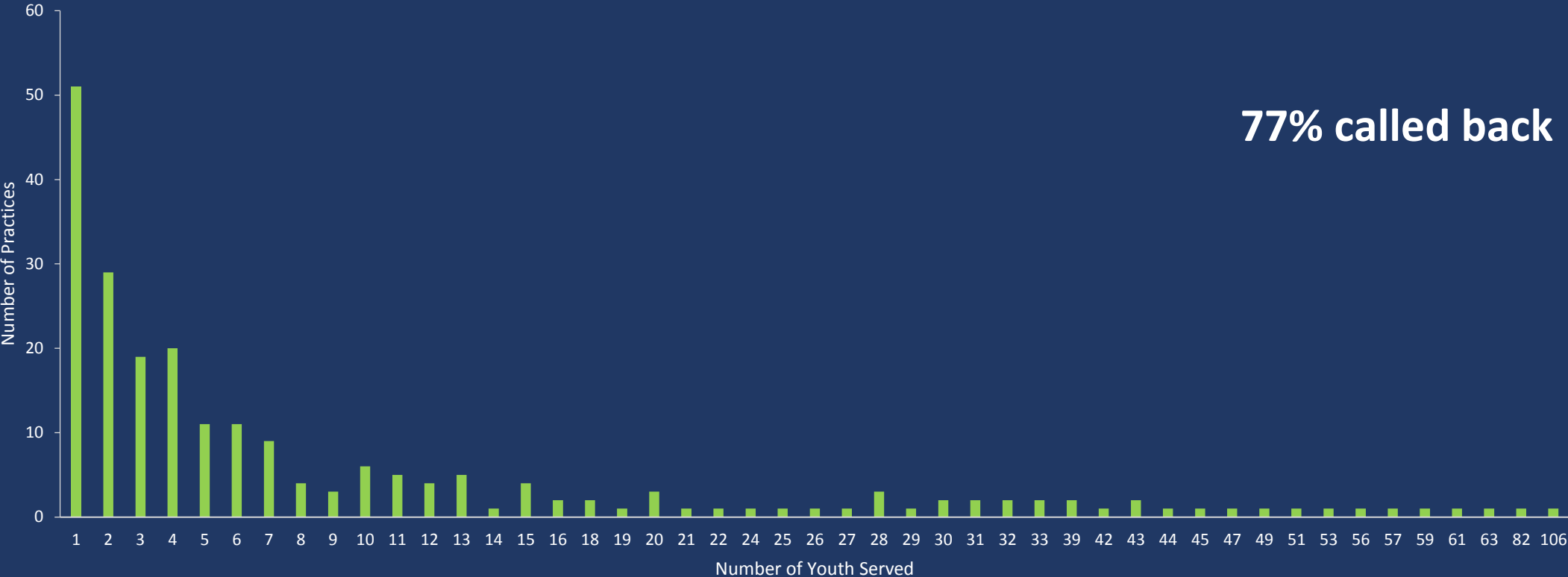




Number of Youth Served by Practice

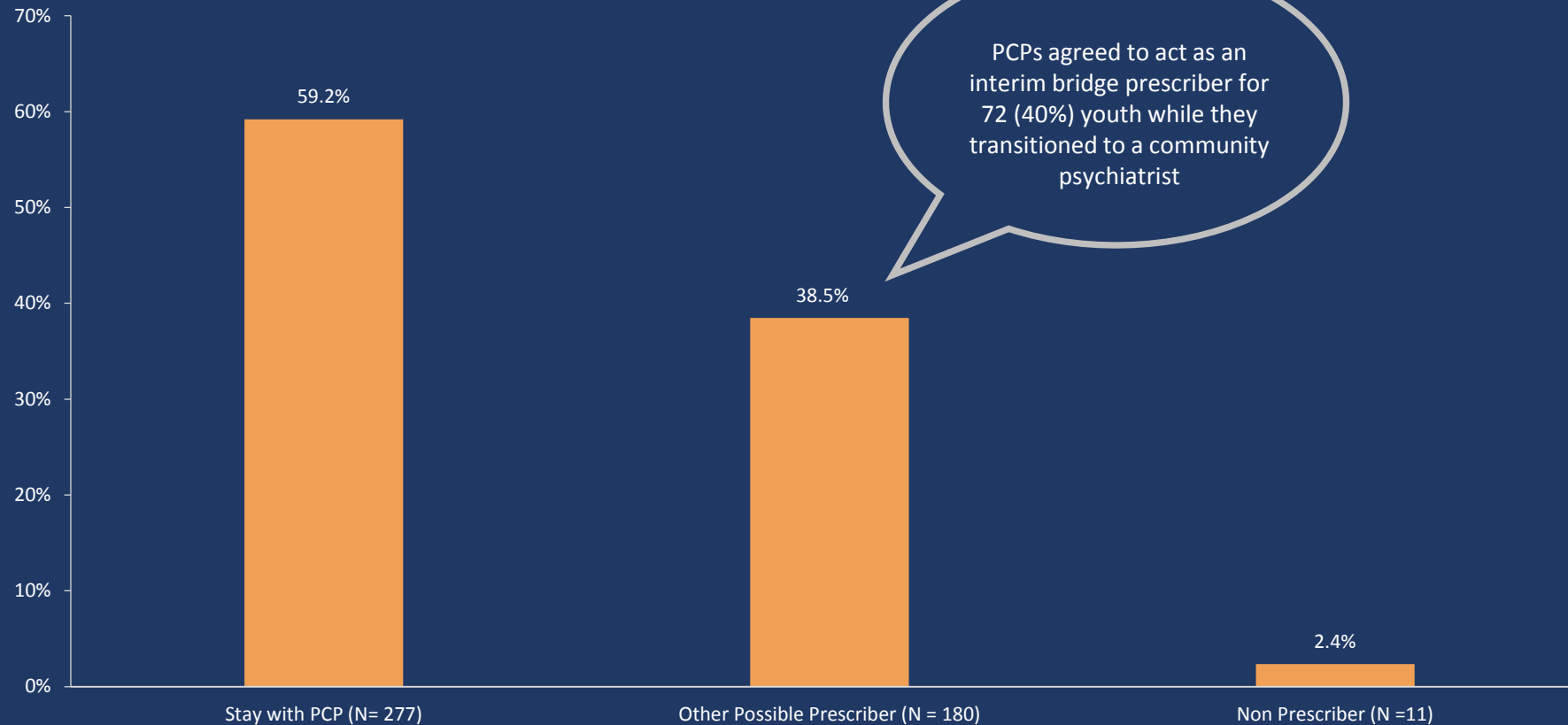
ACCESS Mental Health CT
Utilization: Number of Youth Served By Practice
Statewide
June 16, 2014 - June 30, 2016

77% called back



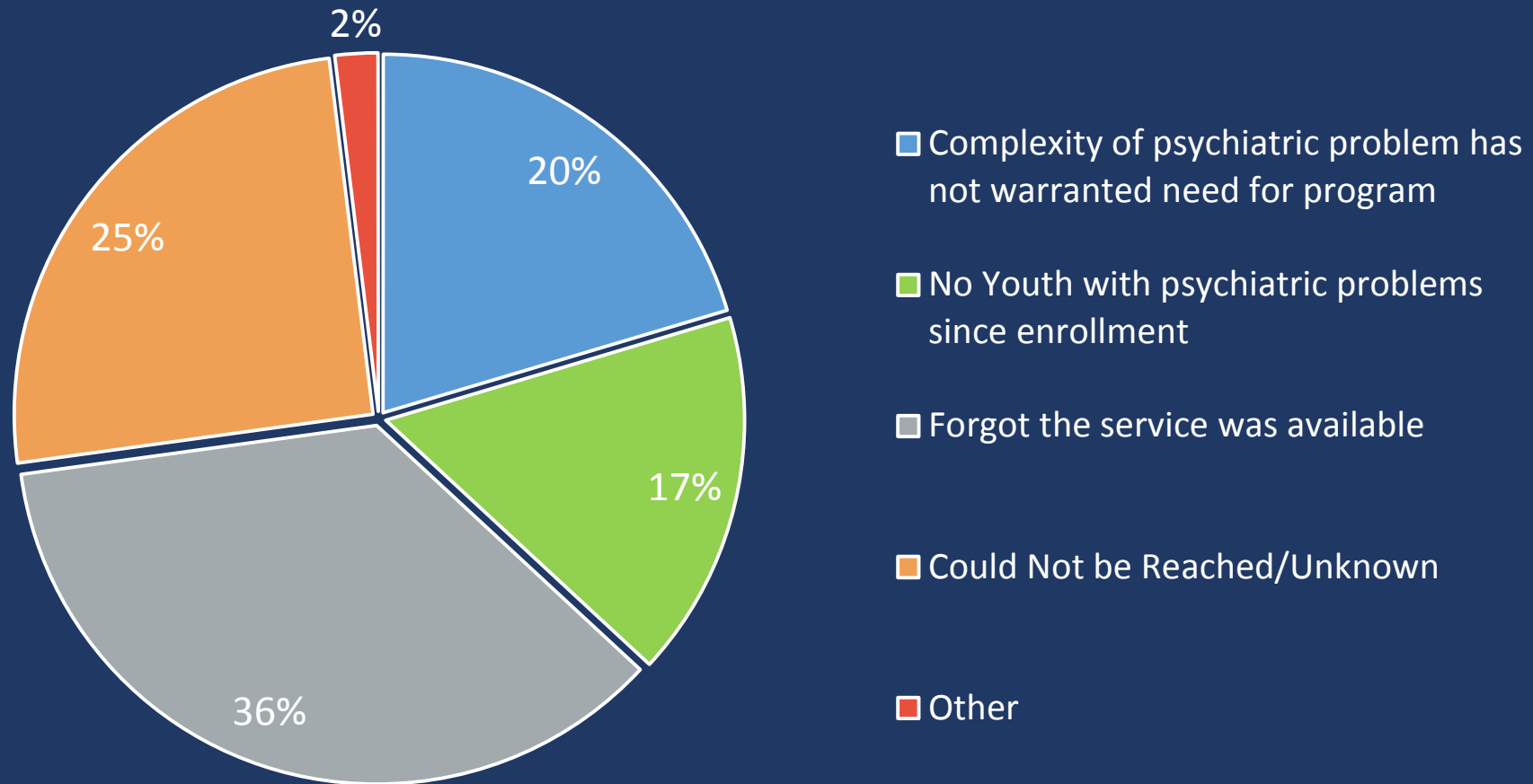
Primary Care Prescribing

ACCESS Mental Health CT Outcomes for Youth Subject to Medication Consultation Statewide FY2016



Non-Utilizers

ACCESS Mental Health CT
Practice Group Non-Utilization: Reasons
Statewide
FY2016



Education

- Psychopharmacology Update
- Behavioral Health Screening
- Anxiety
- School Refusal
- Depression
- ADHD (Including Poor Response to Treatment)
- Screening for Adolescent Substance Use
- Behavioral Health Crisis Management
- Psychotic Disorders
- Personality Disorders
- Internet Gaming Disorder
- Disruptive Disorder
- Seasonal Affective Disorder
- Gambling Disorder
- Integrating Behavioral Health into Primary Care
- Practice Readiness for Mental Health
- Community Behavioral Health Resources

Satisfaction

As of June 30, 2016 the average satisfaction rate was 4.9 out of 5



PCP Testimony

“For PCPs inclined to treat mental health issues, this program will give you a level of comfort you haven’t had because you are working with a psychiatrist who answers the phone promptly, provides advice and guidance, and can provide follow up”

-Pediatrician, Glastonbury CT

“I’m more confident with their backup not having to refer people out, being able to keep them in the practice or alternatively, taking their psychiatric care back”

-Pediatrician, Waterbury CT

More Information

Visit our website: www.accessmhct.com

